

Musical Rainbow Testimonies

www.themusicalrainbow.com sharonrussell@primus.ca

Sharon Russell 416-267-9271

These uses are coming from testimonials as well as proven scientific data and research. If you have experienced anything different from these tapes, please, let me know so I can share their effects with others.

Sea Magic

I teach what is termed a "Diagnostic Kindergarten" which services four and five year old children with multiple learning disabilities. Of the children that I am presently teaching three of seven are diagnosed as Pervasive Developmental Delay (that is they are autistic - like students), one has Down Syndrome, and one is globally delayed especially in the area of speech and language, and two are adjustment problems.) I have used and continue to use Sea Magic softly in the background while the children are engaged in learning activities. I use Infinite Joy daily and specifically at a quiet reading period when my educational assistant must oversee the students independently as I write in their Home Communication Books. The music has had a significant calming effect. Autistic children who can otherwise only sit a moment or two calm to a point where they can sit for several minutes and one particularly active autistic - like child will lay right down on the carpet and seem in a relaxed state. The levels of hyperactivity and aggression in my students are noticeably reduced while the music is on, and their ability to focus on teacher initiated tasks or instructions is enhanced.

Several parents of autistic - like students in my class have also used the tapes at home and have found them soothing both to their special needs child and to relieve the stress left by their family in general.

Sherry Bedford - Special Education Teacher

"Playing Sea Magic during my One Brain Workshops and Individual Sessions accelerated the learning capabilities and processed the issues more gently." - Lynn Williams R.N. R.N.C. -Emotional and Nutritional Counselor

"Sea Magic relaxes my stress and fear of driving on the Highway." - B.Mc. - P.S. Teacher

"I find Sea Magic motivates me when I need inspiration in my Art. It's an excellent calming and inspirational tool."

- O.N. - Teacher, Artist

Infinite Joy

Infinite Joy is also being used in a variety of regular grade classrooms in an inner city school setting in Scarborough. Used during focused work periods and silent reading periods the teachers have consistently reported a general calming and focusing influence on the students. Students also request the music if the teacher does not play it which would reflect the children's own awareness of the benefits of the music.

Robert Bedford - Teacher and Librarian

"I've noticed that when I play Infinite Joy both my baby and my older children sleep more easily."

- Jean Foglesong, Artist

"When my brother was dying, he was hallucinating and had not slept for 24 hours despite the medication. After five minutes of playing Infinite Joy he slept quietly and thereafter we used the tape instead of tranquilizers."

- Dr. Patricia Kerr

"I find that 'stress', created by tasks like completing projects on time or writing reports, is totally eliminated when I play Infinite Joy. My work is completed effortlessly and ahead of schedule."

- Barbara Stocking, Businesswoman

"In school, my students' ability to focus on their work improves substantially when I play Infinite Joy quietly in the classroom." - Kyla Lightfoot, Teacher

"After having painful dental work done, I listen to Infinite Joy and feel remarkably better."

- Peter Sawade, Sound Technician

"When I was doing my project. I had a very hard time concentrating on putting it together. I played Infinite Joy and my project was completed before I knew it.

One night, when I was very sick, I woke up around 5 A.M. with a headache and an upset stomach. I was feeling horrible. I couldn't get back to sleep. I decided to play Infinite Joy to see if it could help me settle down and the next thing I knew, it was noon. " Timothy Benson – written at age 12

2008 Testimony

I have been putting **Infinite Joy** on during the night for my daughter, since you recommended it. She has now been sleeping through the night. I think it's the first time my daughter has slept through the night since she was a baby (she is 6 years old). We are all quite amazed.

Linda S.

Infinite Mind 1 and 2

When I am teaching my students new spelling words or math tables, I use Infinite Mind #1 in the background as I work with them on a rote basis. I have noticed that my students who have difficulty remembering have improved their weekly spelling words from 2 out of 20 to 17 out of 20. They are also using these words in their everyday work. The same has happened with their basic math concepts. When I don't play the music during the learning process, I find the students are averaging around 10 out of 20 and the words aren't being spelled correctly in their everyday work. More mistakes are also being made in their Math.

I use Infinite Mind #2 when we are doing project work and a lot of learning and organizational skills are needed. I find the students get more accomplished in the time allotted and they also have more confidence in their project. They remember details when they are presenting their projects. I have also noticed that their marks are higher, when I play the music quietly in the background while they are writing a test. I use the music personally when I am organizing my room or my finances for my business. I seem to get things done faster and without stress when the music is playing.

Sharon Russell - Gr. 4 & 5 Teacher

My niece used Infinite Mind #1 and #2 to study for her exams. She was averaging between 72 and 78%. She ended up on her final exam with 92% even though she didn't have the music playing in the background when she took the test. I am also recommending the music to parents, whom I counsel, who have children with Attention Deficit Disorders. These tapes along with Infinite Joy which helps with focusing and concentration are helping these children focus and quiet themselves so they can learn. The music is also having a calming effect on the parents.

Dr. Sandra Starr B.A., B.Ed., M.Ed., Ed.D.

I was in a near fatal car crash 6 months ago - courtesy of a drunk driver. My injuries included skull fracture, loss of memory and body whiplash. I was in a coma for 3 days and hospitalized for a month. Upon awakening the doctors told me that it would take years to recover from the 95% memory loss I experienced. After playing Infinite Mind 1 and 2 for only 2 months I have recovered about 80% of my memory. The steady repetitive rhythm have helped keep me focused and attentive as I relearn reading and writing skills. With this music, I can now read and understand a story the first time through. My progress has surprised my doctors and therapists. They say I am 5 years ahead of the normal rate of recovery. During this time, I suffered from insomnia and paranoia due to my head injuries. I used Sea Magic (another of Sharon's tapes). which totally relaxed me and helped me sleep peacefully. - P. M., - T.V. actress/model

When I use Infinite Mind 1 in my Grade 4 and 5 classroom, the children tend to retain their spelling words and number facts more easily. I find the improved tests results remarkable. This music can be used for a number of learning applications where memory retention is necessary. It's a wonderful tape to play quietly in the background while you study.

- Sharon Howarth-Russell Teacher, Composer, Researcher

I noticed that when I used Infinite Mind while I was doing different tasks that everything ran smoothly and fell in place with ease. It organized my thoughts. - Barbara Stocking - Artist, Businesswoman